

Fine motor skills / Handwriting

- Writing
- Coloring
- Cutting

Visual skills

- Tracking
- Convergence
- Figure ground
- Visual discrimination
- Spatial relations

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Creative Occupational Therapy Services



Gross motor skills

- **Crawling**
- **Jumping**
- **Throwing**
- **Catching**



Self-Help Skills

- **Feeding**
- **Eating**
- **Drinking**
- **Dressing**
- **Grooming**



Sensory Processing

- Visual
- Auditory
- Tactile
- Vestibular
- Proprioceptive

